
Central South STAR Catalogue 2026

This STAR Catalogue has a list of face-to-face offerings that are available to students currently in the **Central South Region** (Wellington, Hutt Valley, Manawatū-Whanganui and Taranaki).

Please note that students based in the Top of the South Island will need to contact Southern STAR Coordinator *Seth Smith* seth.smith@tekura.school.nz

If you are unable to attend a face-to-face STAR course, then a distance course may suit. Please see available courses via the [Distance STAR Catalogue](#)

All courses are fully funded by the Youth Transitions Team. To be eligible to enrol, students **MUST** be enrolled with Te Kura as a Full-Time student or a Young Adult doing 3 or more Te Kura subjects. Students must also continue to engage with their Te Kura learning while enrolled in a STAR course.

Students can enrol in **2 STAR courses** each year. Please note that all courses are subject to availability and dates will be updated in this catalogue throughout the year. **This catalogue was last updated on 12/2/26....**

For all **Central South STAR** queries and enrolments, please contact STAR Coordinator *Matt Thornbury* Matthew.Thornbury@tekura.school.nz

For all **Gateway** queries and enrolments, please contact Gateway Coordinator

For all **Tertiary Link** queries and enrolments, please contact the nominated Coordinator below:

- [Early Childhood](#) | [Agriculture & Horticulture](#) | [Equine](#) – *Ces Lowe*
Ces.Lowe@tekura.school.nz
- [Animal Care](#) | [Health Wellbeing](#) | [Sport & Exercise](#) | [Tourism](#) – *Seth Smith*
seth.smith@tekura.school.nz
- [Aviation](#) | [Automotive](#) – *Matthew Thornbury* Matthew.Thornbury@tekura.school.nz

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Wellington Courses

Below are courses available in **Wellington City, Porirua, Kapiti Coast, Horowhenua (Levin)** and surrounding areas. All courses have their location listed unless there are various options available. If a course does not have any unit standards listed or is a 'Taster', then there are no credits available.

Animate Your World: 10 week 2D Animation Block course

Yoobee Creative College

Bring your animation to life by combining audio and visuals to create dynamic motion graphics using Adobe After Effects, Illustrator, and Photoshop. In this course, students will learn to plan, prepare, and develop 2D animations from concept to final product. You'll explore idea development, moodboards, and storyboarding, create animation assets in Photoshop, and design scalable vector graphics in Illustrator. Using After Effects, you'll master keyframe animation, motion paths, easing, and parenting techniques to produce a range of animation styles. The course concludes with rendering your project into a video file suitable for use in film, games, or digital media.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	1 day per week for 10 weeks	22 July – 23 September	9am – 4pm	29791 (Level 3 – Credits 2) 29796 (Level 3 – Credits 7)	Year 12 and above

Athlete Focus: Know Your Players

NZIS

The best coaches employ a set of skills that get the best from their teams. This course will introduce you to the knowledge of individual and group characteristics and how to meet their coaching needs.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	3 days	Please enquire		25805 (Level 3 – Credits 3)	Year 11 and above

(Work Ready) Barista

The Learning Place

Wash those hands and pop on an apron for this simulated café experience. Ākongā will learn and demonstrate safe work practices, espresso beverage making, and customer interactions in a café environment.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Bridge Club – 17 Tinakori Road, Thorndon	2 days	24 – 25 November	9am – 3pm	Practical assessments: 28145 (Level 2 – Credits 2) Written and Practical assessments: 17593 (Level 2 – Credits 4) 17285 (Level 2 – Credits 4)	Year 11 and above

1 Day Beauty Therapy

Elite School of Beauty and Spa

Enjoy a fun, hands-on day experiencing what it's like to be a beauty therapist! Students will learn the basics of nail care and get the chance to both give and receive a manicure and a pedicure. You'll also explore skincare routines – perfect for helping teens achieve healthy, glowing skin – and create your own custom facial scrub to take home. This practical, confidence boosting course is a great introduction to the world of beauty therapy.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Level 6/18 Willis Street, Wellington Central, Wellington 6011	1 day	17 April	Please Enquire		Year 10 and above

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Cabin Crew Communication Skills

New Zealand School of Tourism

Have you ever imagined yourself working in one of New Zealand's most exciting and fast-growing industries? Our Travel and Tourism short course gives you the chance to discover the endless career pathways in this dynamic sector. Learn how the industry operates, gain practical skills and explore where a future in tourism could take you – from adventure travel to airline operations and beyond.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	2 days	23 – 24 February 27 – 28 October	Please enquire	21834 (Level 2 – Credits 3)	Year 11 and above

Child Behaviour

NZMA Porirua

This 8-week Level 3 course is for students interested in exploring Early Childhood. Start with the New Zealand Early Childhood Curriculum, and grow your understanding of child development, their behaviours and the theories around child development.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
NZMA Porirua 1 Prosser Street, Elsdon, Porirua 5022	8 days (one day per week for 8 weeks)	Please enquire	9am – 2:30pm	29865 (Level 3 – Credits 4)	Year 12 and above

Childhood Development

NZMA Porirua

In this course, you'll learn how to identify different attachment styles in young mokopuna (children) and understand their behavior during short separations from adults. You'll also explore how to help mokopuna through both minor transitions like bedtime or changing rooms, and major changes like starting school or welcoming a new sibling. Plus, you'll discover ways to support mokopuna and their whānau (families) during these transitions, using skills like listening, comforting and planning ahead.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
NZMA Porirua 1 Prosser Street, Elsdon, Porirua 5022	3 days	Please enquire	Please enquire	29855 (Level 2 – Credits 3)	Year 11 and above

Comprehensive First Aid

NZ Red Cross

This course is one we recommend for all workplaces, but particularly for those in high-risk industries. It covers crucial first aid skills such as CPR and managing life-threatening bleeding, along with more advanced topics like head and spinal injuries, environmental conditions such as hypothermia and heat stroke, and addressing more complex trauma injuries. You will gain the practical skills and knowledge needed to confidently provide first aid in emergencies, whether at work or home.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington	2 days	Dates vary, please inquire	Day 1: 8:30am – 5pm Day 2: 8:30am – 12:30pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1) 6400 (Level 3 - Credits 2)	Year 10 and above
Levin					
Tawa					
Kapiti					

Defensive Driving

AA Driver Training

The AA Defensive Driving course will give you the skills, knowledge, and confidence to be a smarter and safer driver. You can complete this course while on your Learner, Restricted or Full Licence. If you are on your Learner Licence, you must be confident enough to complete a 1-hour drive.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington	2 days a week for 2 weeks	Dates vary, please inquire	From 5pm to 8pm	Not available	16 years old and above
Thorndon					Must have at least Learner Licence
Johnsonville					
Karori					
Porirua					
Kapiti					
Levin	Must be confident to complete 1 hour drive				

Edit and Elevate: 2 Day Premiere Pro Workshop

Yoobee Creative College

Step into the world of video editing in this hands-on 2- day workshop! Students will learn the essentials of Adobe Premiere Pro, including cutting and arranging clips, adding transitions and effects, and refining audio and visuals. Perfect for beginners or aspiring video editors, this workshop provides practical skills to create polished, professional-quality videos for YouTube, social media, or personal projects.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	2 Days	4 – 6 June			Year 10 and above

Essential First Aid

NZ Red Cross

This course is a great option for first aiders in low-risk workplaces and those wanting to increase their first aid skills. It covers important life support skills and builds upon them with training on how to assess and manage common trauma injuries such as burns and fractures, as well as medical emergencies like heart attacks and strokes.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington	1 day	Dates vary, please inquire	8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1)	Year 10 and above
Tawa					
Kapiti					
Levin					

Explore Tourism

International Travel College

Get a jump start on the sales skills needed for a career in in tourism. Meet experts in real tourism workplaces and learn the variety of roles and job types in tourism.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington	2 days	25-26 March 17-18 June	Please enquire	3 Credits L3	

10 Week Fashion & Beauty Foundation

Elite School of Beauty and Spa

In this Level 2 NCEA course, students will explore the exciting world of beauty therapy through the influence of fashion trends and historical styles. They’ll develop essential knowledge of anatomy and physiology, gaining an understanding of how the body’s structure and function relate to beauty practices. Students will also build skills in personal presentation and professionalism, preparing them for future study or a career in beauty salons, spas, or clinics.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Level 6/18 Willis Street, Wellington Central, Wellington 6011	10 days (one day per week for 10 weeks)	24 April – 3 July		27640 Level 2 – Credits 3 27639 Level 2 – Credits 3 27641 Level 2 – Credits 3	Year 11 and above

Fit Futures: Starting Your Coaching and PT Journey

NZIS

In this 4-day programme, you’ll gain the confidence to lead beginner-level coaching sessions while building skills that connect directly to personal training and fitness careers. You’ll learn to plan and deliver safe, engaging activities, motivate participants, and reflect on your coaching practice. Combining leadership, communication, and fitness knowledge, this course provides a strong foundation for future study or work in sport, coaching, and the wider health and fitness industry.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	4 days	Please enquire		22768 (Level 2 – Credits 4)	Year 11 and above

Flight Attending

International Travel College

Learn the basics and requirements of being a cabin crew member. This practical course will see you using real on-board equipment used in aircraft worldwide and is a great opportunity for those considering further study in aviation tourism.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington	2 days	11-12 March 20-21 May	Please Enquire	3 Credits L3	Year 12 and above

5 Day Ground School

New Zealand School of Tourism

Join us for an incredible Flight Attending Short Course and step into the exciting world of aviation! Discover what it takes to become a flight attendant - from key responsibilities to the age, experience, and qualifications required for the role. You'll also complete two nationally recognised unit standards: US9245 – Identify as a flight attendant and major aircraft components & US21834 – Demonstrate knowledge of introductory aviation terminology. This short course is the perfect first step toward a future career in the skies!

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	5 days	13 – 17 April	Please enquire	9245 (Level 2 – Credits 2) 21834 (Level 2 – Credits 2)	Year 11 and above

1 Day Flight Attending

New Zealand School of Tourism

Join us for an exciting Flight Attending Short Course and step into the world of aviation! Discover what it's really like to be a flight attendant, learn about the key responsibilities of the role, and find out which airlines in New Zealand are looking for their next crew members. It's the perfect way to explore a high-flying career that could take you around the world

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	1 Day	26 June			Year 10 and above

Flight Attending: Onboard Excellence

New Zealand School of Tourism

Join us for an incredible Flight Attending Short Course and dive into the exciting world of aviation! Learn what it takes to become a flight attendant, including the key responsibilities, age, experience, and qualifications required for the role. You'll also gain insight into how airlines recruit and train their crew, giving you a real taste of what it's like to work above the clouds.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	5 days	13 – 17 July	9am - 4pm	25192 Level 3 – Credits 4 25456 Level 3 – Credits 2	Year 12 and above

From Concept to Canvas

Yoobee Creative College

Bring your creative ideas to life in this immersive 5-day workshop! Students will explore the full process of character design and illustration, from brainstorming and concept development to creating polished final artwork. You'll learn techniques in sketching, colour theory, composition, and digital painting, while building a character profile and backstory to guide your designs. Perfect for aspiring illustrators, this programme provides hands-on experience and practical skills to take your character creations from concept to finished canvas.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	5 days	13 – 17 April		29793 (Level 3 – 5 Credits)	Year 12 and above

From Sketch to Screen: The art of Character Design

Yoobee Creative College

Combine visual design and storytelling to bring your own character to life! In this 10-week programme, students will learn to use Adobe Photoshop like a professional 2D artist, with Wacom tablets provided for in-class use. The course covers the fundamentals of character design, including dynamic sketching, colour theory, and lighting techniques. Students will develop a character profile and backstory, plan their illustration project, and apply finishing techniques to produce a polished, professional-quality digital illustration.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	10 Days (one day per week for 10 weeks)	22 April – 1 July	9am – 4pm	29791 Level 3 – Credits 2 29790 Level 3 -Credits 3 29793 Level3 – Credits 5	Year 12 and above

Health Heroes: Navigating Your Path

NZMA Porirua

Students credited with this unit standard are able to explore different career options within the healthcare sector; such as Aged Care, Nursing, Pharmacy and Mental Health.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
NZMA Porirua 1 Prosser Street, Elsdon, Porirua 5022	3 days	Please enquire	Please enquire	12383 (Level 2 – Credits 3)	Year 11 and above

He Waka Tapu: Navigating Māori Tourism and Tikanga

New Zealand School of Tourism

This Travel & Tourism programme is perfect for students eager to explore the many exciting areas of the tourism industry. You'll learn about top travel destinations across New Zealand and gain insight into different career paths within hotels, aviation, and travel agencies. Discover essential sales techniques and industry knowledge that will prepare you for future opportunities in the world of travel and tourism.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	10 days (1 day per week for 10 weeks)	30 April – 2 July	9am – 4pm	17385 (Level 3 – Credits 5) 17786 (Level 3 – Credits 5)	Year 12 and above

Illustrate It: 2 Day Creative Workshop

Yoobee Creative College

Unleash your creativity in this hands-on 2-day workshop focused on Adobe Illustrator! Students will learn essential digital illustration skills, including creating vector graphics, working with shapes and colour, and designing logos and artwork. Perfect for beginners or aspiring designers, this workshop provides practical experience in building professional-quality illustrations and developing digital design skills.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	2 days	4 – 5 June			Year 10 and above

1 Day Makeup Artistry

Elite School of Beauty and Spa

Enjoy a creative, hands-on day experiencing what it's like to be a makeup artist! Students will learn the fundamentals of makeup application, from preparing the skin to creating different looks for day and evening wear. You'll get the chance to practice professional techniques, experiment with colour and style, and build confidence in applying makeup on yourself and others. This fun and inspiring course is the perfect introduction to the exciting world of makeup artistry!

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Level 6/18 Willis Street, Wellington Central, Wellington 6011	1 Day	17 April			Year 10 and above

Motion Magic: 2 day After Effects Workshop

Yoobee Creative College

Bring your ideas to life in this 2-day workshop using Adobe After Effects! You will learn the fundamentals of motion graphics and visual effects, including animation, keyframing, and creating dynamic video content. Perfect for beginners or aspiring digital creators, this workshop provides practical skills to produce eye-catching visuals for video projects, social media, and multimedia presentations.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	2 days	18 – 19 June			Year 10 and above

Personal Training

NZIS

As a Personal Trainer it's important to get the basic's right, the importance of stretching can easily be overlooked. This course will help you understand the importance by learning the benefits, how to safely perform stretches through good technique, instructions and correct alignment.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	3 days	Please enquire		21794 (Level 2 – Credits 3)	Year 11 and above

Pixel Perfect: 2-Day Photoshop Workshop

Yoobee Creative College

Dive into the world of digital design in this hands-on 2- day workshop! Students will learn the fundamentals of Adobe Photoshop, including image editing, graphic creation, and photo manipulation. Perfect for beginners or those looking to enhance their creative skills, this workshop gives practical experience in designing eye-catching visuals for a range of projects

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Wellington Station 2 Bunny Street, Pipitea, Wellington 6011	2 days	7 – 8 May			Year 10 and above

Police and Defence

NZIS

Ready to step into the world of Police or Defence? Communication is key, whether you're gathering information or coordinating a team. In this course, you'll develop active listening skills crucial for Police or Defence scenarios, such as reading body language, paraphrasing for clarity, and responding appropriately. You'll learn to communicate across diverse groups, keeping in mind cultural differences.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	3 days	Please enquire		11097 (Level 3 – Credits 3)	Year 11 and above

Police and Defence: Teamwork on a Mission

NZIS

Get ready to team up and tackle challenges! You'll learn how to work together to reach a shared goal, just like in Police or Defense missions. You'll figure out what your team needs, how you can best contribute and how to communicate to get the job done. Plus, you'll practice giving and receiving feedback to keep on track to accomplish your teams mission.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	8 days (1 day per week for 8 weeks)	Please enquire	9am – 2:30pm	9681 (Level 3 – Credits 3) 9695 (Level3 – Credits 4)	Year 11 and above

The Power of Play

NZMA Porirua

Discover how play fosters learning and development in young children. This course will teach you to create fun, safe, and culturally relevant play resources while exploring activities like storytelling, dramatic play, and the natural world. Learn how meaningful interactions support growth in infants, toddlers, and young children.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
NZMA Porirua - 1 Prosser Street, Elsdon, Porirua 5022	4 days	Please enquire		26707 (Level 3 – Credits 4)	Year 12 and above

Pre-Nursing: The Heroes Pathway

NZMA Porirua

On the Hero's Pathway, individuals who achieve this unit standard will be empowered to work together and understand the importance of teamwork in healthcare. They will see how collaboration supports the well-being of both patients and their fellow team members.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
NZMA Porirua 1 Prosser Street, Elsdon, Porirua 5022	3 days	Please enquire	Please enquire	9681 (Level 3 – Credits 3)	Year 11 and above

Priced to Fly: Tourism Calculations

New Zealand School of Tourism

Interested in learning more about New Zealand’s dynamic travel and tourism industry? Join our Travel and Tourism Short Course to discover how mastering the art of selling is key to success in this exciting field—where SALES drive the entire industry! You’ll also complete Unit Standard 18237 – Perform calculations for a tourism workplace, giving you practical skills that are essential for real-world tourism roles.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	2 days	25 – 26 February 29 – 30 October	Please Enquire	18237 (Level 2 – Credits 3)	Year 11 and above

The Tourism Journey: Discover Your Career Path

New Zealand School of Tourism

Have you ever thought about the exciting opportunities waiting for you in New Zealand’s vibrant tourism industry? Join our Travel and Tourism Short Course to explore the many career pathways available and gain practical skills for the workplace. You’ll also complete two nationally recognised unit standards: US23755 – Identify and self-evaluate the demands of a specific role in a tourism workplace and US25194 – Produce and check numeric documents for the tourism industry, giving you valuable experience and insight into real-world tourism roles.

Location	Duration	Dates	Time	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	5 days	13 – 17 July		23755 Level 2 – Credits 2 25194 Level 2 – Credits 2	Year 11 and above

Train Smart: Functional Fitness and Goal Setting

NZIS

Over 9 weeks, you will take charge of your own fitness by designing, implementing, and tracking a 6-week personal exercise plan, just for you. Alongside goal-setting and self-monitoring, you will learn proper techniques and explore functional movements that build strength, mobility, and endurance for everyday life and sport. This hands-on course blends practical workouts with reflection on progress and wellbeing, helping you overcome barriers, track improvements, and develop skills that will support lifelong health and performance.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Railway Building 1/2 Bunny Street, Pipitea, Wellington 6011	9 Days (1 day per week over 9 weeks)	Please enquire	9am – 2:30pm	30935 (Level 3 – Credits 5)	Year 11 and above

Travel and Tourism

New Zealand School of Tourism

Have you ever imagined yourself working in one of New Zealand’s most exciting and fast-growing industries? Our Travel and Tourism Short Course gives you the chance to discover the endless career pathways in this dynamic sector. Learn how the industry operates, gain practical skills, and explore where a future in tourism could take you - from adventure travel to airline operations and beyond!

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	1 Day	19 June			Year 10 and above

Wings and Service: Flight attending

New Zealand School of Tourism

This exciting programme is perfect for students interested in a career as a flight attendant. You'll learn key aviation terminology, master the art of food and beverage service, explore in-flight sales techniques, and discover the daily responsibilities of working in the skies. This course provides a fantastic introduction to the world of aviation and cabin crew roles, giving you practical skills and insight into this high-flying career.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
West Wing Wellington Railway Station Level 3/2 Bunny Street, Pipitea, Wellington 6011	1 day per week (10 week duration)	29 April – 1 July 23 July – 24 September	9am – 4pm	25192 (Level 3 – Credits 4) 25456 (Level 3 – Credits 2) 23758 (Level 3 – Credits 4)	Year 12 and above

Hutt Valley

Below are courses available in **Lower Hutt** and **Upper Hutt**. All courses have their location listed unless there are various options available. If a course does not have any unit standards listed or is a 'Taster', then there are no credits available.

Comprehensive First Aid

NZ Red Cross

This course is one we recommend for all workplaces, but particularly for those in high-risk industries. It covers crucial first aid skills such as CPR and managing life-threatening bleeding, along with more advanced topics like head and spinal injuries, environmental conditions such as hypothermia and heat stroke, and addressing more complex trauma injuries. You will gain the practical skills and knowledge needed to confidently provide first aid in emergencies, whether at work or home.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Petone	2 days	Dates vary, please inquire	Day 1: 8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1) 6400 (Level 3 - Credits 2)	Year 10 and above
Upper Hutt			Day 2: 8:30am – 12:30pm		

Defensive Driving

AA Driver Training

The AA Defensive Driving course will give you the skills, knowledge, and confidence to be a smarter and safer driver. You can complete this course while on your Learner, Restricted or Full Licence. If you are on your Learner Licence, you must be confident enough to complete a 1-hour drive.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Lower Hutt	2 days a week for 2 weeks	Dates vary, please inquire	From 5pm to 8pm	Not available	16 years old and above
Upper Hutt					Must have at least Learner Licence
					Must be confident to complete 1 hour drive

Essential First Aid

NZ Red Cross

This course is a great option for first aiders in low-risk workplaces and those wanting to increase their first aid skills. It covers important life support skills and builds upon them with training on how to assess and manage common trauma injuries such as burns and fractures, as well as medical emergencies like heart attacks and strokes.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Petone	1 day	Dates vary, please inquire	8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1)	Year 10 and above
Upper Hutt					

Palmerston North Courses

Below are courses available in **Palmerston North, Manawatu, Horowhenua (Foxton and Shannon)** and surrounding areas. All courses have their location listed unless there are various options available. If a course does not have any unit standards listed or is a 'Taster', then there are no credits available.

Café Service Skills

UCOL Palmerston North

The UCOL STAR Café Service Skills course teaches methods for preparing and presenting basic sandwiches for service.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
UCOL Campus – 18 Princess Street	2 weeks (every Friday)	7 November 14 November	9am – 3pm	13281 (Level 2 – Credits 5)	Year 10 and above

Comprehensive First Aid

NZ Red Cross

This course is one we recommend for all workplaces, but particularly for those in high-risk industries. It covers crucial first aid skills such as CPR and managing life-threatening bleeding, along with more advanced topics like head and spinal injuries, environmental conditions such as hypothermia and heat stroke, and addressing more complex trauma injuries. You will gain the practical skills and knowledge needed to confidently provide first aid in emergencies, whether at work or home.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Palmerston North	2 days	Dates vary, please inquire	Day 1: 8:30am – 5pm Day 2: 8:30am – 12:30pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1) 6400 (Level 3 - Credits 2)	Year 10 and above

Defensive Driving

AA Driver Training

The AA Defensive Driving course will give you the skills, knowledge, and confidence to be a smarter and safer driver. You can complete this course while on your Learner, Restricted or Full Licence. If you are on your Learner Licence, you must be confident enough to complete a 1-hour drive.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Palmerston North	2 days a week for 2 weeks	Dates vary, please inquire	Times vary each date and location	Not available	16 years old and above Must have at least Learner Licence Must be confident to complete 1 hour drive.

Essential First Aid

NZ Red Cross

This course is a great option for first aiders in low-risk workplaces and those wanting to increase their first aid skills. It covers important life support skills and builds upon them with training on how to assess and manage common trauma injuries such as burns and fractures, as well as medical emergencies like heart attacks and strokes.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Palmerston North	2 days	Dates vary, please inquire	8:30 am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1)	Year 10 and above

Whanganui Courses

Below are courses available in **Whanganui, Rangitikei, Ruapehu** and surrounding areas. All courses have their location listed unless there are various options available. If a course does not have any unit standards listed or is a 'Taster', then there are no credits available.

Comprehensive First Aid

NZ Red Cross

This course is one we recommend for all workplaces, but particularly for those in high-risk industries. It covers crucial first aid skills such as CPR and managing life-threatening bleeding, along with more advanced topics like head and spinal injuries, environmental conditions such as hypothermia and heat stroke, and addressing more complex trauma injuries. You will gain the practical skills and knowledge needed to confidently provide first aid in emergencies, whether at work or home.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Whanganui	2 days	Dates vary, please inquire	Day 1: 8:30am – 5pm Day 2: 8:30am – 12:30pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1) 6400 (Level 3 - Credits 2)	Year 10 and above

Essential First Aid

NZ Red Cross

This course is a great option for first aiders in low-risk workplaces and those wanting to increase their first aid skills. It covers important life support skills and builds upon them with training on how to assess and manage common trauma injuries such as burns and fractures, as well as medical emergencies like heart attacks and strokes.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Whanganui	1 day	Dates vary, please inquire	8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1)	Year 10 and above

Taranaki Courses

Below are courses available in **New Plymouth, Stratford, South Taranaki**, and surrounding areas. All courses have their location listed unless there are various options available. If a

course does not have any unit standards listed or is a 'Taster', then there are no credits available.

Barista

WITT New Plymouth

This course is designed to give you an introduction to the hospitality industry by giving you the opportunities to learn how to use commercial espresso coffee equipment and prepare espresso beverages for service

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
WITT Campus – 20 Bell Street	6 days	17 – 24 November	9am – 2:30pm	17285 (Level 2 – Credits 4) 17288 (Level 3 – Credits 5)	Year 10 and above

Comprehensive First Aid

NZ Red Cross

This course is one we recommend for all workplaces, but particularly for those in high-risk industries. It covers crucial first aid skills such as CPR and managing life-threatening bleeding, along with more advanced topics like head and spinal injuries, environmental conditions such as hypothermia and heat stroke, and addressing more complex trauma injuries. You will gain the practical skills and knowledge needed to confidently provide first aid in emergencies, whether at work or home.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Hawera	2 days	Dates vary, please inquire	Day 1: 8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1) 6400 (Level 3 - Credits 2)	Year 10 and above
New Plymouth			Day 2: 8:30am – 12:30pm		

Defensive Driving

Learn to Drive Taranaki

The AA Defensive Driving course will give you the skills, knowledge, and confidence to be a smarter and safer driver. You can complete this course while on your Learner, Restricted or Full Licence. If you are on your Learner Licence, you must be confident enough to complete a 1-hour drive.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Hawera	4 days (2 days per week for 2 weeks)	Dates vary, please inquire	Times vary each time and location	Not available	16 and over
New Plymouth					Must hold at least learner license
					Must be confident completing a 1 hour drive

Essential First Aid

NZ Red Cross

This course is a great option for first aiders in low-risk workplaces and those wanting to increase their first aid skills. It covers important life support skills and builds upon them with training on how to assess and manage common trauma injuries such as burns and fractures, as well as medical emergencies like heart attacks and strokes.

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
Hawera	1 day	Dates vary, please inquire	8:30am – 5pm	6402 (Level 2 - Credits 2) 6401 (Level 2 - Credit 1)	Year 10 and above
New Plymouth					

Flight Attending Experience

International Travel College

Location	Duration	Dates	Times	Unit Standard(s)	Enrolment Criteria
New Plymouth	3 Days	11-13 August	Please enquire	6 credits L3	Year 11 and above