
Distance STAR Catalogue 2025

This STAR course catalogue has a list of offerings that are available via **Distance** (Online, PDF or Paper-based).

All courses are fully funded by the Youth Transitions Team. To be eligible to enrol, students **MUST** be enrolled with Te Kura as a Full-Time student or a Young Adult doing 3 or more Te Kura subjects. Students must also continue to engage with their Te Kura learning while enrolled in a STAR course.

Students can enrol in **2 STAR courses** each year. Please note that all courses are subject to availability and dates will be updated throughout the year. Some courses may have certain requirements for you to enrol such as needed equipment, practical components, a workplace, living in New Zealand etc. **This catalogue was last updated on Tuesday 11th November – 2:00pm**

To find out more about a Distance course that you are interested in and possibly enrol, please contact your local Coordinator listed below:

- **Northern** (**Te Tai Tokerau** and **Tamaki Makaurau**) – *Natalie Jones*
Natalie.Jones@tekura.school.nz
- **Central North** (**Te Kāhui Hauāuru** & **Te Kāhui Rāwhiti**) and **Te Aka Taumatua** – *Ces Lowe*
Ces.Lowe@tekura.school.nz
- **Central South** and **Overseas** – *Lisa Usoali'i-Jansen* Lisa.Usoalii-Jansen@tekura.school.nz
- **South Island** – *Seth Smith* seth.smith@tekura.school.nz

For all **Tertiary Link** queries and enrolments, please contact the nominated Coordinator below:

- **Automotive** | **Agriculture & Horticulture** | **Equine** – *Ces Lowe* Ces.Lowe@tekura.school.nz
- **Animal Care** | **Health Wellbeing** | **Sport & Exercise** | **Tourism** – *Seth Smith*
seth.smith@tekura.school.nz
- **Aviation** | **Early Childhood** – *Lisa Usoalii-Jansen* Lisa.Usoalii-Jansen@tekura.school.nz

For all **Gateway** queries and enrolments, please contact Gateway Coordinator **Ruth Church**
Ruth.Church@tekura.school.nz

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Available Distance Courses

Babysitting

Whanau Awhina Plunket

This course is presented using videos, quizzes and activities which are fun as well as informative. You will learn about the role of the babysitter, including the expectations of the families you are working for ages and stages of children from birth to school age, their basic needs and their care; Professional behaviour, including your presentation; How to engage with children of different ages, including activities for each age group and behavioural information; Safety, including emergency situations, keeping yourself and the children safe, and basic first aid and How to get a babysitting job.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Online	Self-paced 4-week timeframe	Not available	Year 10 and above Contact Lisa U-J Lisa.Usoalii-Jansen@tekura.school.nz to enrol

Business Skills

The GET Group

Get a taste of business by understanding organisational requirements and mastering team leadership like a pro!

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	27557 (Level 3 – Credits 3) 30911 (Level 3 – Credits 3) 27563 (Level 3 – Credits 4)	Year 11 and above Regular check-ins with The GET Group

Espresso Basics (Level 2)

The GET Group

Learn the basics of espresso, filter and pressed coffee and get ready for the workplace.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	17286 (Level 2 – Credits 2) 17287 (Level 2 – Credits 2) 17285 (Level 2 – Credits 4)	Year 11 and above Access to an Espresso Coffee Machine Regular check-ins with The GET Group

Espresso Intermediate (Level 3)

The GET Group

Level up your coffee game and unleash your inner barista.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	17284 (Level 3 – Credits 3) 17288 (Level 3 – Credits 5)	Year 11 and above Access to an Espresso Coffee Machine Regular check-ins with The GET Group

Health & Safety in Work

The GET Group

Health and safety is an integral part of any induction process in the workplace, so get industry qualified with this great short course. Your employer will love you for it!

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	497 (Level 1 – Credits 3) 30265 (Level 3 – Credits 8) 19522 (Level 3 – Credits 3)	Year 11 and above Regular check-ins with The GET Group

Learner Licence

DriverED

This course has 4 Online Learner Licence Sessions which can be completed at any time and as many times as you like until you are confident enough to book in for your Learner Licence test. These online sessions are self-paced and taught using online lessons. During this time, you will have unlimited access to online Learner Licence Practice Tests.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Online	Self-paced	Not available	16 years old and above

Money Basics

The GET Group

Learn the risks and develop the skills to manage your money and master your emotions during stressful situations.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	28088 (Level 1 – Credits 3) 28089 (Level 1 – Credits 3) 29558 (Level 1 – Credits 3) 12348 (Level 1 – Credits 2)	Year 11 and above Regular check-ins with The GET Group

Safe in Work

The GET Group

Learn how to deal with harassment, understand discrimination and master the art of being assertive.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	1299 (Level 2 – Credits 4) 542 (Level 2 – Credits 3) 525 (Level 2 – Credits 3)	Year 11 and above Regular check-ins with The GET Group

Savvy for Life

The GET Group

Discover the keys to living away from home with this savvy short course.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	24695 (Level 2 – Credits 2) 28093 (Level 2 – Credits 3) 28095 (Level 2 – Credits 3) 1827 (Level 2 – Credits 2)	Year 11 and above Regular check-ins with The GET Group

Smart About Money

The GET Group

Uncover the secrets of wise spending, and sharp decision making when earning those hard-earned dollars.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	28100 (Level 3 – Credits 4) 28098 (Level 3 – Credits 3) 28099 (Level 3 – Credits 3) 7127 (Level 3 – Credits 2)	Year 11 and above Regular check-ins with The GET Group

Supporting & Leading

The GET Group

Communicate effectively and plan an event for your community with a group.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	1304 (Level 3 – Credits 2) 11095 (Level 3 – Credits 3) 30906 (Level 3 – Credits 6)	Year 11 and above Regular check-ins with The GET Group

University Courses

Some universities offer online STAR courses for students ready for their first-year university level. Specific requirements apply, please contact your region's STAR advisor for more information. Only available to students who are residing in New Zealand. Alternatively, check out the **Uni Ready** course with the provider *Thrive for Life* which is available to Year 12 & 13 students.

Uni Ready

Thrive for Life

Going to uni next year? This self-paced online uni-prep course helps with the what, where and how – including selecting the right uni, checking out halls, managing money, future planning, developing good study habits and self-care skills. Check out this [video](#) from Thrive for Life for more information.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Online or Paper-Based	Self-paced	Not available	Year 12 and above

Wellbeing Basics

The GET Group

Learn self-management skills with a focus on resilience strategies and developing a plan for your personal wellbeing/Hauora.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	33157 (Level 1 – Credits 3) 33241 (Level 1 – Credits 4) 33242 (Level 1 – Credits 4)	Year 11 and above Regular check-ins with The GET Group

Wellbeing for Life

The GET Group

Plot your career, master the art of wellness & tackle problems challenges.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF or Paper-Based	Self-paced Due 15 December 2025	4251 (Level 3 – Credits 3) 2990 (Level 3 – Credits 4) 9695 (Level 3 – Credits 4)	Year 11 and above Regular check-ins with The GET Group

Tertiary Link

Tertiary Link courses are mostly theoretical but may include some practical work. They will give you an idea of what it's like to study at a tertiary level and may help you decide whether a certain career path is right for you. Students may choose what programmes to do but will only be able to gain up to **12-14 credits in total**.

Agriculture & Horticulture

Southern Institute of Technology (SIT) / Telford

If you are interested in any Primary Industry, you can choose from the available Level 1, 2 & 3 unit standards.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF	Self-paced Due 28 November	See Agriculture & Horticulture flyer for available unit standards.	Year 11 and above Contact Ces Lowe Ces.Lowe@tekura.school.nz to enrol

Animal Care

Southern Institute of Technology (SIT)

If you love working with and caring for animals, or you have an interest in vet nursing, you can choose from the available Level 2 & 3 unit standards.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Online	Self-paced Due 28 November	See Animal Care flyer for available unit standards.	Year 11 and above Contact Seth Smith seth.smith@tekura.school.nz to enrol

Automotive

LifeSkills Training + Education

If you are interested in the Automotive Industry, you can choose from the package of unit standards.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Paper-based	Self-paced	See Automotive flyer for available unit standards	NZ Based Only Year 11 and above Contact Ces Lowe Ces.Lowe@tekura.school.nz to enrol

Aviation

Service IQ / International Aviation Academy New Zealand (IAANZ)

If you are interested in Aviation, you can enrol into Level 1 & 2 Entry Level unit standards with Service IQ. Te Kura may also order Level 3-unit standards through International Aviation Academy NZ on a case-by-case basis.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Paper-based (Level 1 & 2)	Closed for 2025	See Aviation flyer for available unit standards. Level 3 units require an exam to be completed in order to gain the credits.	NZ Based Only Level 1: Year 10 and above Level 2: Year 11 and above Level 3: Case-by-case basis Contact Lisa U-J Lisa.Usoalii-Jansen@tekura.school.nz to enrol
Online + Face-to-Face Exam (Level 3)	Closed for 2025		

Early Childhood

Whanau Awhina Plunket

These unit standards aim to provide opportunities and pathways for students to gain skills in early childhood learning and the care of infants, toddlers, and young children.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
Word Documents	Closed for 2025	Please see ECE flyer for available unit standards.	Year 11 and above Contact Lisa U-J Lisa.Usoalii-Jansen@tekura.school.nz to enrol

Equine

Telford / New Zealand Equine Education Trust (NZEET)

If you own or work with horses or are considering a career within the Equine Industry, you can choose from the available Level 1, 2 & 3 unit standards.

Delivery	Duration	Unit Standard(s)	Enrolment Criteria
PDF	Self-paced Due 28 November	Please see Equine flyer for available unit standards.	Year 11 and above Contact Ces Lowe Ces.Lowe@tekura.school.nz to enrol

Health & Wellbeing

SIT

The aim of this programme is to provide ākonga with the skills and knowledge required for employment or further training in the health sector. An ideal starting point for ākonga wishing to study Nursing, Midwifery and other health and wellness professions.

Delivery	Duration	Unit Standard	Enrolment Criteria
Online	Self-paced Due 28 November	Please see Health & Wellbeing flyer for available unit standards.	Year 11 and above Contact Seth Smith seth.smith@tekura.school.nz to enrol

Tourism

International College Tourism (ITC)

This programme is suitable for those who are interested in helping people plan their holidays or want to work for a travel agency. Choose from the available Level 2 & 3 unit standards.

Delivery	Duration	Unit Standard	Enrolment Criteria
Online	Self-paced Due December	Please see Tourism flyer for available unit standards.	Year 11 and above Contact Seth Smith seth.smith@tekura.school.nz to enrol

Sport and Exercise

SIT

Gain a foundation of knowledge to work in the recreation and sport community. Learn how to progress into more advanced studies in sport and exercise. There are Level 2, 3 & 4 unit standards available.

Delivery	Duration	Unit Standard	Enrolment Criteria
Online	Self-paced Due 28 November	Please see Sport and Exercise flyer for available unit standards.	Year 11 and above Contact Seth Smith seth.smith@tekura.school.nz to enrol