

# Health & Wellbeing

The aim of this programme from the **Southern Institute of Technology** is to provide ākonga with the skills and knowledge required for employment or further training in the health sector. An ideal starting point for ākonga wishing to study Nursing, Midwifery and other health and wellness professions.

Ākonga may begin their studies at any time of the year however assessments must be completed for marking by the beginning of December. There are no mandatory units, and ākonga may choose units from the table below up to a maximum of 12 -14 credits.

Unit Standards available:

LEVEL 2			
<b>Unit Standard</b>	<b>Description</b>	<b>NCEA Level</b>	<b>Credits</b>
20826	Describe infection control requirements in a health or wellbeing setting	2	3
23686	Demonstrate knowledge of a person's rights in a health or wellbeing setting	2	2
26982	Demonstrate knowledge of communication with a person with a communication disability in a health or wellbeing setting	2	4

LEVEL 3			
<b>Unit Standard</b>	<b>Description</b>	<b>NCEA Level</b>	<b>Credits</b>
27457	Describe the anatomy and physiology of systems and associated organs of the human body <b>*Recommended First</b>	3	6
22257	Profile a youth culture in Aotearoa New Zealand	3	5
23372	Describe law in relation to intellectual disability and high and complex needs and legal services available to people	3	3

23375	Describe hearing impairment and support services that are specific to people with a hearing impairment	3	5
23387	Describe the ageing process and its effects on a person's lifestyle and wellbeing	3	7
24895	Describe the visual system and vision impairment and support services that are specific to people with vision impairment	3	5
25987	Describe values and culturally safe principles for Pacific people in a health or wellbeing setting	3	6
26971	Describe factors that contribute to mental health wellbeing and mental health challenges	3	3
27141	Demonstrate knowledge of cultural identities and culture-related issues in an aged care, health, or disability context	3	6
27461	Describe indicators of wellness, interventions, care, and support for people at different lifespan stages	3	5
28521	Describe responses to vulnerability and abuse in a health or wellbeing setting	3	5
28522	Demonstrate knowledge of human development theory for a health or wellbeing setting	3	6
28523	Describe community values and attitudes and their impact on people with disabilities	3	2
28542	Demonstrate knowledge of, and apply professional and ethical behaviour in a health or wellbeing setting	3	5
32418	Describe application of Te Tiriti o Waitangi, and its benefits, in a health or wellbeing setting	3	6

If you any questions about these Unit Standards or you would like to enrol please email [seth.smith@tekura.school.nz](mailto:seth.smith@tekura.school.nz)