

What is AI?

AI (Artificial Intelligence) is a smart tool that can help you learn, create, and explore. It can give you ideas, help with spelling, or explain tricky things—but it doesn't think like a person!

Caution: age restrictions on use of AI

As with any digital tool, kaiako and ākonga must abide by the terms and conditions of the tools they're using.

Several AI tools have age restrictions on their use. For example, to use Copilot you must be at least 13 years old, and if you are under 18 you must have your parent or legal guardian's permission. See the Ministry of Education site for more information on Generative AI—Ministry of Education.

education.govt.nz/school/digital-technology/generative-ai



No AI

Not OK to Use AI For

You should not use AI to:

- Write your whole story or answer for you
- Copy and paste without understanding
- Pretend the work is all yours when it's not
- Use it during a test.

Your work should show your own thinking and voice.



AI Assisted

Good Ways to Use AI

You can use AI to:

- Get ideas for stories or art
- Learn new words
- Ask questions about your topic
- Get help with spelling or grammar
- Explore different ways to say something.

Always talk to your kaimahi or supervisor before using AI for learning.



AI Driven

How to Use AI the Right Way

- Ask for help, but write in your own words.
- Think about what the AI says—do you agree?
- Tell your kaimahi if you used AI to help.
- Ask yourself: “*Did I learn something?*” and “*Is this my own work?*”

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Be Safe Online

- Before using any AI tool check the age restrictions on their use. Only use AI tools your kaimahi says are OK.
- Never share your full name, address, or passwords.
- If something feels wrong or confusing, tell an adult you trust.



Talk With Your Whānau

- Seek whānau or supervisor advice on what tools you can use online.
- Share what you're learning with your whānau.
- Ask them to help you use AI safely and wisely.

Tip

If you have an amazing memory for things that interest you, you may remember the information you have read so well that your kaiako thinks you are copying when you are not. If you think this is happening, talk to your kaiako about learning to summarise and paraphrase. These are useful steps to help you write *“in your own words”*.