
TE AKA TAUMATUA STAR CATALOGUE

To book a STAR course, please **email the STAR co-ordinator**
ces.lowe@tekura.school.nz

User Guide: How to Select a Course

1. Check the catalogue for the region you live in.
2. Locate the course you are interested in.
3. Use the provided links to read detailed course information
4. Take a screenshot of the course you want to attend (ensure the course title and provider are visible).
5. Include the following information with your screenshot.
6. DO NOT BOOK please contact co-ordinator

Required Information to Include

Please provide all the following details:

- Full name:
- Region / Rohe:
- Course name:
- Start date:
- End date (if known):
- Screenshot of selected course: (attached)

REGIONAL LINKS

[Te Tai Tokerau](#)

[Tamaki Makaurau](#)

[Te Kahui Rāwhiti](#)

[Te Kahui Hauāuru](#)

[Central South](#)

[Te Waipounamu](#)

THEORY DISTANCE LINK

- [Distance courses](#)

ROHE / REGIONS

TE AKA TAUMATUA / ALL REGIONS

AA Defensive Driving

Information

About the Defensive Driving Course:

The Defensive Driving Course will give you the knowledge and confidence to be a smarter and safer driver. You'll learn important defensive driving skills, such as assessing and identifying hazards to reduce the risk of being in a crash.

If you have a learner licence:

- You can attend a Defensive Driving Course once you have your learner licence and you are confident enough to complete a 1-hour drive.
- If you complete a Defensive Driving Course, you reduce the time you're required to spend on your restricted licence by 6 months.

If you have a restricted licence:

- If you complete a Defensive Driving Course, you reduce the time you're required to spend on your restricted licence by 6 months.

How to book:

Step 1: Check availability

- Click the AA information link below and use the "view availability" tab for dates and times in the region closest to you.
- [AA Defensive Driving information](#)
- Choose a date that works for you.

- Screenshot or send these details along with following steps.

Step 2: Send your driver licence

- Email or upload a **clear colour copy of both sides** of your **current driver licence**.
- Make sure all details are easy to read.

Step 3: Booking confirmation

- Once your information is received, the **Co-ordinator will check your availability and confirm your booking** in a timely manner.
- You will be contacted with confirmation details.

Red Cross First Aid

Essential First Aid

- Duration: **8 hours (1 day)**
- NZQA Unit Standards: 6402 L2 Cr2, 6401 L2 Cr1

Comprehensive First Aid

- Duration: **12 hours (1.5 days)**
- NZQA Unit Standards: 6402 L2 Cr2, 6401 L2 Cr1 and 6400 L3 Cr2

First Aid Revalidation -no credits

- Duration: **6 hours**

Comprehensive First Aid – Hybrid

- Duration: **6 hours**
- NZQA Unit Standards: 6402 L2 Cr2, 6401 L2 Cr1 and 6400 L3 Cr2

Essential First Aid – Hybrid

- Duration: **4 hours**
- NZQA Unit Standards: 6402 L2 Cr2, 6401 L2 Cr1

First Aid Revalidation Hybrid -no credits

- Duration: **4 hours**

How to Book

Step 1: Check availability

- Click the Red Cross information link below.
- [Red Cross First Aid information](#)
- Use the filters to view available dates and times in the region closest to you.

- Choose a date and time that works for you.
- Screenshot or send the booking details with the information required in the following steps.

Step 2: Screenshot or send the booking details to the co-ordinator

Step 3: Booking confirmation

- Once your information is received, the **Co-ordinator will check your availability and confirm your booking** in a timely manner.
- You will be contacted with confirmation details.

Group Courses

Information for Kaimanaaki

Group Courses (Regional Delivery)

- Group courses can be established within a region where there is sufficient demand.
- Kaimanaaki can work alongside the regional co-ordinator to review appropriate providers and identify suitable course options.
- Course catalogues should be reviewed to generate ideas and confirm what is available locally.

Participation Criteria for Ākonga

Before ākonga can attend group courses, ONE of the following criteria must be met:

- Demonstrated engagement with **Te Kura Mahi**
- Participation in **internships and/or shadowing opportunities**
- Active use or completion of **My Korowai – He Whai Taumaru**

These requirements ensure ākonga are adequately prepared and supported before engaging in external or group-based learning programmes.

Providers

Catalogues

[ITS Schools catalogue](#)

[The Learning Place](#)

[International Travel College](#)

[Vertical Horizons](#)

Driver Licencing

[Drive](#)

Drive is a free, government-funded course that helps young people aged 16+ build the knowledge and skills they need to achieve their Learner, Restricted, and Full licences. Through step-by-step guidance, practical resources, and confidence-building activities, Drive supports rangatahi on their journey to becoming safe, independent drivers.

[How to Guide](#)