

# Te Kura Supervisor Newsletter

Years 1 to 10 and Special Education

2016 Term 4

Issue 22

## Editor's letter

Welcome Supervisors

We have a nice round off to the year by introducing Carl, a supervisor, who has offered his services for our new fitness segment. I would like to thank Carl for contributing to the newsletter and look forward to his ideas each term.

With Christmas fast approaching Joy has given us a gift tag idea to encourage your students to personalize their Christmas gifts.

I have had the fortune to meet a number of new supervisors this year, and their reasons for enrolling their child into Te Kura are varied. They do, however, all have the same goal which is to give their child the best opportunity to gain an education. I wish the families all the best and want them to know that there is an abundance of help at hand if they should need it.

Have a well-deserved summer break and I look forward to catching up with you next year.

Merry Christmas

*Dianne*

Education is not preparation for life; education is life itself ~ John Dewey

## CONTENT

Te Kura Library	2
Teacher Aide Certificate	2
Gardening for Kids	2
Māori Resources	
- Traditional Maori Games	2
Joy's Art Space	
- Gift Tags	3
Fitness with Carl	
- Stretches	4
Hello from Adele	5

# em@il

We want to hear from you so email your contributions or questions to us with the subject title: *Supervisor Newsletter*

[adele.harris@tekura.school.nz](mailto:adele.harris@tekura.school.nz)

Clipart for this publication – Microsoft Office Online Pictures & Google images

## TEACHER AIDE CERTIFICATE

Don't forget, supervisors of full-time students are able to complete the OP4100 Certificate in Teacher Aiding. You can complete the tasks within the course while supervising your student in their daily work at significantly reduced fees.

Contact Adele for more information:  
Ph. 0800 65 99 88 ext. 8244  
[adele.harris@tekura.school.nz](mailto:adele.harris@tekura.school.nz)

## TE KURA LIBRARY



Did you know that our library services are available to parents, supervisors, full-time students, early childhood students and young adult students living in NZ?

The library is open Monday to Friday from 8.30am to 4.30pm, including school holidays. It is closed on weekends, public holidays and between Christmas and New Year.

The books range from picture books to non-fiction, magazines and audio books, as well as DVDs. Whether it is for pleasure or a project, there is something to suit all needs. Supervisors can also borrow books to help with their students' learning.

### Library contacts:

Phone: 0800 65 99 88, ext. 8783 or 8502

Email: [library@tekura.school.nz](mailto:library@tekura.school.nz)

Website: <http://www.tekura.school.nz/Login> to gain quick access to explore the exciting new library site.



## GARDENING FOR KIDS



Summer is here and if you want to get your students involved in what nature has to offer then Kidspot has some fun gardening ideas that will have them growing their own vegetables, herbs and flowers - and learning about the great cycle of life at the same time.

There are even ideas for those of you who live in an apartment or house truck, so don't worry if you haven't got any space.

Select from the age group list to find an activity that is suitable for your student.

<http://www.kidspot.co.nz/kids-activities-and-games/Gardening-for-kids+31.htm>



## MĀORI RESOURCES

Here is a PDF resource of traditional Māori games courtesy of well-known Harko Brown. Traditional Māori games are becoming popular within communities and competitions are held throughout the country.

<http://www.hop.org.nz/rangatahi/maori-games.pdf>

# Joy's Art Space

## Gift tags

This is what you need:

- card
- ruler
- thin ribbon
- hole punch

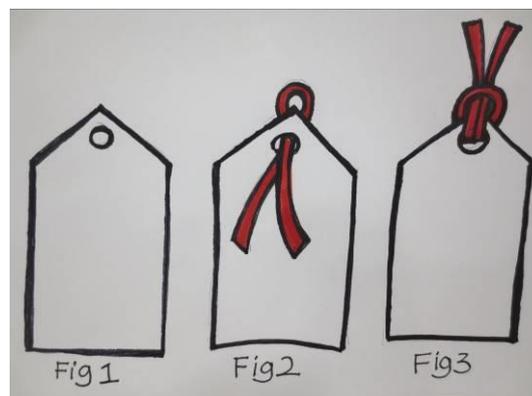
Optional:

- felt pens, crayons, pencils
- glue
- glitter

This is what you do:

- cut a piece of card 80cm X 40cm for each gift tag
- cut off the top corners of the card to form a point
- punch a hole near to the point as shown in fig.1
- cut a length – about 16cm – of ribbon
- loop the ribbon in half and thread it through the hole as shown in fig.2
- bring the cut ends of the ribbon up through the loop as shown in fig.3 and pull gently

You now have a basic gift tag. You can use it as it is or decorate it with drawings, stickers or glitter. You may want to make tags of different shapes-circles or stars, triangles or hearts.



Kia ora everyone!

Welcome to the new edition of Te Kura Fitness, your information resource for staying fit and healthy while studying!



In this issue we will be looking at doing some stretches during our times of daily study. Here are some important reasons why we should stretch often throughout our day:

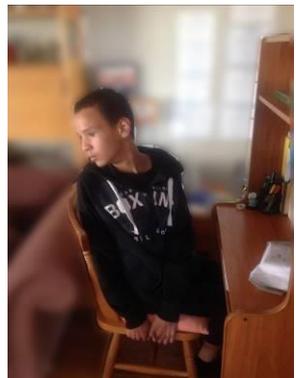
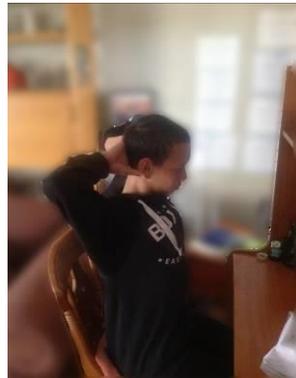
- We lengthen the muscles that have become tight and stiff through inactivity.
- We relieve tension and get the blood flowing around our bodies once more.
- We improve our body's posture so that we grow nice and tall!

How often should we stretch?

If we have been seated continuously at our school desk or table for more than 30 minutes, we should perform a couple of stretches. If we can get into the habit of doing this we will remain agile and flexible. Here are a few stretches to get you started. Hold these for 15 – 20 seconds and repeat on both sides of the body if the stretch requires it. There will be more stretches to follow in future editions!

All the best

Carl



## Hello from Adele...

Kia ora and welcome!

As we approach the end of the year supervisors will be rushing to complete end of year tasks with their students.

### Reminder

Ensure your student is on track to **complete** all of their school work **before** the end of the term (Wednesday 14 December). If you are unsure of your student's progress please contact your student's teacher by phone or email using; [firstname.surname@tekura.school.nz](mailto:firstname.surname@tekura.school.nz)

### End of year activities

Plan a few fun activities with your students as the end of term approaches. Include your student at the planning stage. It can be as simple as having a picnic lunch in the garden or an excursion in the community. Kidspot has some practical and fun ideas for family fun;

<http://www.kidspot.co.nz/section+19+Family-Fun-and-Entertainment.htm>

### Water safety

NZ Water Safety has some good tips and up to date information about keeping our children and families safe around sea, rivers and pools. There are also some fun posters for children.

<http://www.watersafety.org.nz/resources-and-safety-tips/downloadable-resources/>

Reminder, if you or any of your family are looking for tips or ideas to support children affected by our 7.8 earthquake please check out the resources at Skylight Trust.

<http://skylight.org.nz/>

Contact Adele Harris, ph. 0800 65 99 88 ext. 8244 [adele.harris@tekura.school.nz](mailto:adele.harris@tekura.school.nz)

This newsletter for supervisors was written by supervisors of Te Kura students. The views expressed in this newsletter are those of the supervisors who contributed to it.